

Be The Change

Saturday &
Sunday

SEPT 22-23, 2018

come together to
explore how **violence**
is embedded in our
culture and **what** each
of us **can do** about it.

This is an all-weekend intensive experience. You will have fun. You will learn how to **transform** conflicts while staying true to yourself. You will uncover gifts in yourself and in others. You will be energized.

Advance registration is required

To register, please call **Barbara** at (650) 454-0216
or email avp_barb@yahoo.com.

No charge for Santa Rosa residents 24 and under. Others \$45-150 (your choice).
8:30 am - 6 pm Saturday & Sunday in Santa Rosa. Includes breakfast and lunch.

Sponsored by the Alternatives to Violence Project (AVP)