***Be The Change***

**Saturday & Sunday**

SEPT 22-23, 2018

come together to **explore** how **violence** is embedded in our **culture** and **what** each of us **can do** about it.

This is an all-weekend intensive experience. You will have fun. You will learn how to transform conflicts while staying true to yourself. You will uncover gifts in yourself and in others. You will be energized.

Advance registration is required

To register, please call **Barbara** at **(650) 454-0216**

or email **avp\_barb@yahoo.com** .

No charge for Santa Rosa residents 24 and under. Others $45-150 (your choice).

8:30 am – 6 pm Saturday & Sunday in Santa Rosa. Includes breakfast and lunch.

**Sponsored by the Alternatives to Violence Project (AVP)**