

HOLISTIC SELF HEALING INSTITUTE

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To actually realize Divinity IT MUST BE EXPLICITLY UNDERSTOOD THAT ABSOLUTELY NOTHING IS IMPOSSIBLE! The concept of divinity with limitations presents an unresolvable conflict of meanings. Divinity and limitations are mutually exclusive!

This must be accepted and understood, for the herein taught techniques to be fully successful.

Step one is to accept the dictum of science that your unconscious mentality is a very, very literal substrate for your personal consciousness. Who knows the terrible price extracted by the unconscious mentality of a person who loudly states " I would die before doing so and so..." and at different times and under different circumstances finds it necessary to do that very 'so and so'!

So step one is to make very sure that your unconscious mind understands precisely what you say to it when your conscious mind undertakes leading your body to heal itself. A specific technique to achieve this is taught by the Institute.

Step two is to state with firmness and just loud enough for your own ears to hear, the following:

BODY!! I SUMMON YOU TO HEAL YOURSELF!

This is to be done at the moment of awakening and also just before falling to sleep - every single day until you observe with your own perceptions that your communication to your unconscious mentality (mentality) is succeeding with obtaining your objectives.

This is only the beginning of your empirical discovery of the fantastic power your unconscious mentality wields over your body. Your body was given at birth untaught wisdom of the type the world has seen demonstrated by yoga masters and other beings of high consciousness who have learned to communicate to their own unconscious mentalities.

Step three is to focus your sixth chakra and its internal 'vision' (not involving visible light in the usual sense of the word.) in a way that produces objective visualization of your body accomplishing what you want it to be doing. This is very important. One technique for this will be taught. If there is a secret about self healing it is consistency and steady continued effort of focused consciousness!

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