

Connection, Community, Resiliency



Alternatives to Violence Project sees loss, pain, and conflict in our country, schools, communities, and even homes as fertile ground for compassion, creativity, peaceful cooperation, and personal growth. And now you can too!

AVP's community workshops allow everyone to grow when it comes to their interpersonal skills, while also having a good time. Get ready for focus on integrity, respect, resiliency, and shared humanity through interactive exercises, stimulating games, and role-playing.

You've got everything to gain, so give AVP a try!

Come to a dynamic, interactive workshop!

MAKE CHANGE. BE CHANGE.

WHAT: Level 1, Introductory Workshop

WHEN: March 17-18, 2018

(please plan to attend all sessions)

Sat. 3/17 —8:30 am snacks, 9:00-6:00 workshop

Sun. 3/18—8:30 am snacks, 9:00-6:00 workshop

WHERE: Amarosa Academy, 3261 Dutton Ave. Santa Rosa.

COST: Sliding scale is \$45-150, BUT NO CHARGE for Santa Rosa residents aged 18-24 (because of a grant). No one turned away for lack of funds; register anyway, scholarships are available.

Snacks, lunch, and all materials are included.

All facilitators are volunteers

Register early to secure your space. **REGISTRATION REQUIRED BY Wednesday, March 14**

Contact Barbara at:

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a project of the North Bay Council of the Alternatives to Violence Project
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