

Readings and Resources

Alternatives to Violence Project

New York State Office: <http://www.avpnyny.org>
 U.S.A. Office: <http://www.avppusa.org>
 International Office: <http://www.avpinternational.org>

Co-Counseling

Jackins, Harvey (1981), *The art of listening: A talk to the Merced County (California) Mental Health Association, Present Time 46*, p 48. (see <http://www.rc.org> / Publications / Index of Articles)

Articles by Katie Kauffman or Caroline New, from <http://www.rc.org>.

Healing from Trauma

Herman, Judith (1997). *Trauma and recovery: The aftermath of violence—from domestic abuse to political terror*. New York, NY: Basic Books.

Levine, Peter and Ann Frederick (1997). *Waking the tiger: Healing trauma: The innate capacity to transform overwhelming experiences*. Berkeley, CA: North Atlantic Books.

Validity of Cognition (VoC) Scale

Shapiro, F. (2001). *Eye movement desensitization and reprocessing: Basic principles, protocols and procedures*. (2nd ed.) New York, NY: Guilford Press.

Trauma and Community

Bloom, Sandra L. (1997). *Creating sanctuary: Toward the evolution of sane societies*. New York, NY: Routledge.

Self-Medication and Addiction

Guidry, Laurie and Dusty Miller (2001). *Addictions and trauma recovery: Healing the body, mind and spirit*. New York, NY: W.W. Norton.

Dissociation

Vineburg, Jeff (2001). *The significant others' guide to living with dissociative identity disorder*. from <http://www.op.net/~jeffv/sol1.htm>

Secondary Trauma and Compassion Fatigue

Gentry, J. Eric (2002). Compassion fatigue: The crucible of transformation. *The Journal of Trauma Practice*. The Haworth Maltreatment and Trauma Press: an Imprint of The Haworth Press, Inc. Vol. 1, No. 3/4, pp 37-61.

Gentry, J. Eric (taken Nov 2010). Private Professional Consultation Materials, from <http://www.compassionunlimited.com/>

Somatic Implications of Trauma

Scaer, Robert C. (2001). *The body bears the burden: Trauma, dissociation and disease*. Binghamton, NY: The Hawthorn Press.

Ogden, Pat; Kakuni Minton; and Clare Pain (2006). *Trauma and the body: A sensorimotor approach to psychotherapy*. New York, NY: W.W. Norton & Company, Inc.

Couples

Johnson, Sue (2004). *The practice of emotionally focused couple therapy: Creating connection*. Basic Principles Into Practice Series. New York, NY: Taylor & Francis Books, Inc.

Combat

Grossman, Dave (2009). *On killing: The psychological cost of learning to kill in war and society*. New York, NY: Back Bay Books.

Shay, Jonathan (1994). *Achilles in Vietnam: Combat trauma and the undoing of character*. New York, NY: Scribner.

Shay, Jonathan; Senator John McCain; and Senator Max Cleland (2003). *Odysseus in America: Combat trauma and the trials of homecoming*. New York, NY: Scribner.

O'Brien, Tim (2009). *The things they carried*. NY, NY: First Mariner Books.